

**AMENDMENTS TO THE CLAIMS**

1. - 4. (Cancelled)

5. **(Currently Amended)** A method for treating an individual having at least symptoms of feelings of guilt, suicide, and retardation: psychomotor, associated with a mood disorder, each symptom being assessed according to the assessment method by the Hamilton scale, comprising administering an effective amount of a composition comprising theanine to the individual in need of treatment, sufficient to reduce a score of the Hamilton scale, wherein said mood disorder is distinct from mood disorders associated with menstruation; and wherein said individual is a normofolatemetic patient.

6. (Cancelled)

7. (Previously Presented) The method of claim 5, wherein said composition is administered as a food or beverage.

8-12. (Cancelled)

13. (Previously Presented) The method of claim 5, wherein said normofolatemetic patient shows a normal folate plasma level of from 3 to 17 ng/ml.

14. (Previously Presented) The method of claim 5, wherein the content of theanine in the composition is 0.08 to 99% by weight of the composition.